

GUIDELINES FOR IV SEDATION OR GENERAL ANESTHESIA

It is **EXTREMELY** important that you do not eat or drink any fluids (6) hours before your surgery time. Nothing by mouth including no fluids (water, etc.)



1. Please bring a responsible adult with you that can drive home. This person **MUST** stay in the waiting area until your surgery is completed.

2. If you use an inhaler for asthma or breathing problems, please bring your inhaler to your surgery appointment.



3. Please leave **ALL** jewelry, watches, cell phones or sharp objects in pockets with the individual accompanying you or leave at home.



4. If you wear contact lens, please remove them prior to surgery.

5. Family members are not allowed to stay in the surgical suite during surgery.

6. Please wear comfortable clothing; short sleeve shirts preferred.



7. The adult who comes with you will be sitting with you in the recovery room until you are ready to be dismissed. A surgical assistant or nurse will be observing you in the recovery room. She will give you verbal and written postoperative instructions. You will be taken to your vehicle in a wheelchair.

8. Children are not allowed in the recovery room. Please arrange for their care at home during this time.



9. No driving or working for (24) hours after surgery and (8) hours after you have taken any oral pain medications.

10. During your first day of recovery you should have someone at home to help you with your postoperative needs.

11. You should have ice bags ready at home to reduce postoperative swelling and you will be on a cool soft diet until the local anesthetic wears off. (Stock up on Jell-O, pudding, ice cream, etc.)

12. No cell phones in surgery or recovery rooms please.

